

MARY BETH SHAW

Mary Beth Shaw worked in the insurance industry for 18 years before she quit her job in 2000 to re-ignite a childhood love of art. Since then she has spent all her waking hours exploring life as a painter working in mixed media, primarily acrylic, encaustic and collage.

She initially put in lots of hours as a road gypsy, exhibiting at outdoor art fairs and selling as many as 300 paintings in one very blurry year. She transitioned into being a workshop instructor in 2008 and finds pleasure helping students find their own voice as a painter. Her personal creative process is a dance between spontaneity and intent; she finds great joy in the physical act of painting and looks at her best work as a gift from a higher power.

She welcomes mistakes because they so often provide a delightful detour into new territory. She is author of *Flavor for Mixed Media* and *Stencil Girl*, is a columnist for *Somerset Studios Magazine* and a Golden Artist Educator. She is the founder of StencilGirl® Products, LLC.



MIXED MEDIA ART

mbshaw.com

STENCILGIRL PRODUCTS

stencilgirlproducts.com

STENCILGIRL STUDIO

https://stencilgirlstudio.thinkific.com

STENCILGIRL CLUB

stencilgirlproducts.com/stencil-club-s/1850.htm

BOOKS

Flavor for Mixed Media

Stencil Girl: Mixed Media Techniques for Making and Using Stencils