



# ST. MARY'S

## THE HEART OF THE MATTER

Welcome to St. Mary's at [Transfiguration Spirituality Center](#). I look forward to welcoming you to a weekend devoted to creative wellbeing. You will be invited to join a collaborative circle of belonging for learning, sharing and connecting.

**JUST BE YOU:** This is a judgment free, non-competitive, just have a darn good time experience. You are perfect just the way you are. *We are in a sacred safe space. If you want to wear tutu's, tiaras, slippers, PJ's or t-shirt + daisy dukes all weekend - you wear what makes you happy.*

**COMFORT ZONE NUDGES:** Allow yourself to expand your craft and welcome the beauty of imperfection.

**DRESS 4 MESS:** Bring an apron [or gloves if you're worried about your hands] because we'll be making beautiful messes!

**PARKING:** is onsite and spread throughout the campus of TRC. Push carts are available within the front entrance to assist with moving items from your car before parking at another campus location.

**EXPLORING:** and photographing the tranquil campus and grounds featuring statues, plants, patios and Chapel is highly encouraged.

## MISCELLANY

- bring a bottle for H2O refill station
- for soda drinkers; BYOSoda (two refrigerators on site)
- for adult beverage drinkers: BYOB (two refrigerators, ice, wine corks + glasses available for use)
- you can bring snacks for yourself or for sharing
- wifi throughout the building
- air conditioning throughout the building / fans available
- OPTIONAL: bring a drying rack to dry wet prints
- OPTIONAL: bring a portable table light for your workshop table to enhance ambient lighting at night
- OPTIONAL: pack a hair dryer (not included in amenities)

## CONTACT

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